



## New Jersey Crisis Resources School Staff

### **New Jersey Department of Children and Families**

Performcare: 1-877-652-7624      Performcarenj.org

PerformCare provides youths and their families with the services, resources, tools, and support they need to optimally participate in treatment within their homes, schools, and community settings. Performcare is the access point for mobile response.

### **Traumatic Loss Coalition**

[www.ubhc.rutgers.edu/education/trauma-loss-coalition/overview](http://www.ubhc.rutgers.edu/education/trauma-loss-coalition/overview)

The Traumatic Loss Coalition Program has created an expanding statewide network that effectively works to prevent suicide and promote hope, healing, and resiliency in the aftermath of traumatic loss.

### **Suicide Prevention and Crisis Resources**

2<sup>nd</sup> Floor Youth Help Line (Call or Text)

888.222.2228  
[www.2ndfloor.org](http://www.2ndfloor.org)

NJ Hopeline  
NJ Caring Crisis Hotline

855.654.6735  
Text "CWC" to 839863  
call 908.232.2880

Crisis Text Line

Text "HOME" to 741-741

National Suicide Prevention Lifeline

800.273.8255  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Boys Town National Hotline (for all youth)

800.448.3000

### **Addiction and Substance Abuse Resources**

Addiction Hotline of NJ

800.238.2333

Al-Anon/Alateen

888.425.2666

NJ Connect for Recovery

855.562.3737

NJ Quitline

866.NJ.STOPS

### **LGBTQ+ Resources**

Garden State Equality

[www.gardenstateequality.org](http://www.gardenstateequality.org)

LGBT Youth Line

800.347.8336

Trans Lifeline

877.565.8860

True Colors United

212.461.4401

The Trevor Project (LGBTQ+ Support)

866.488.7386  
[www.thetrevorproject.org](http://www.thetrevorproject.org)  
Text "START" to 678678

### **Family and Domestic Services**

Runaway Hotline

800.786.2929

Catholic Charities

800.360.7711

National Child Abuse Hotline

800.422.4453

NJ Department of Children & Families

877.652.2873

180 Turning Lives Around (Sexual Assault)

888.264.7273

American Anorexia/Bulimia Association of NJ

800.931.2237

NJ AIDS/ATD Hotline

800.624.2377