

[Click Here](#) for the Link to the Google Meet Wednesday May 19th 6pm

[meet.google.com/tug-exch-utj](https://meet.google.com/tug-exch-utj)



## Join us on MAY 19th at 6PM for a FREE Virtual Parent Event



Krista Johnson  
School  
Psychologist

Strategies  
Resources &  
Support for Teens



Joy Przywara  
Student Assistance  
Coordinator

**SIGNS OF STRESS**

**ANXIETY**

**ISOLATION**

**WORRY**

**QUARANTINE**

**PERFORMANCE**

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